



Sprouting Healthy Kids in Early care and Education Settings



Date: March 24, 2016
Time: 8:00 AM – 12:00 PM

Location: 1515 Clay Street, Oakland, CA 94612

AGENDA

Overview

The in-person workshop is intended to provide an overview of, and resources for, assessing the early care and education nutrition and physical activity (PA) environment and developing healthy site nutrition and PA policies and practices.

Stay and Play in the Afternoon!

A "Painting Preschool Playgrounds for Movement" training will be held at the same venue from approximately 1:00 p.m. to 5:00 p.m. Once you register for the morning session an email with the link to register for the stencil kit training will be sent to you! Don't miss out!

Who should attend?

The training is intended for LIA staff that support direct care providers in early care and education settings.

Activities

The trainings will cover:

- Locating, determining readiness for, and explaining how to use healthy site assessment tools in early care and education settings
- Identifying best practices for nutrition and physical activity in an early care and education setting
- Assisting with the development of a best practices-based, healthy site policy for an early care and education setting

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips.